

CREATIVE COACHING AND LESSON PLANNING EXERCISE TOOL

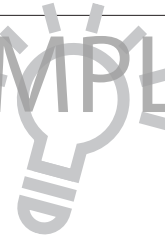
**Instructions:**

Each group will be given a lesson planning exercise sheet and will be asked to brainstorm an actual skateboarding lesson from start to finish, using the scenario each is assigned. **Each group will identify a recorder and also a reporter who will share its plan with another group. After the presentation, the second group will present the first group's lesson plan, adding something it feels will make the lesson plan more effective.**

**Elements to consider:**

1. How will I get to know the students?
2. How will I engage students in the planning?
3. What will make this activity fun?
4. Does it include a warm-up and a cool-down?
5. What age and stage will it be effective for?
6. Have I made certain it's safe?
7. Does it include play?
8. What are the learning goals?
9. How is it organized for kids to get to know one another?
10. Will it include a review?
11. How will I close the lesson?
12. Have I engaged parents?

**Create the lesson plan here:**



**Pre-class prep:**

**Game planned:**

**Lifestyle awareness activity:**

**Break-out activity:**

**Equipment required:**

**How did I do? What have I learned? What could I improve next time?**